



LIMAS
baby carriers



EN



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ABOUT US

HOW IT ALL STARTED

The story of LIMAS began when two people met on the other side of the Earth.

When I met my husband in the cafeteria during an exchange programme in China, in 2009, my heart beat fast. It was love at first sight.

After originally planning to spend one semester in Dalian, we ended up living together in China for three years, two of which were spent in Shanghai.

In 2012, we came back to Germany and two years later, our first daughter Lili Marie Sauer was born, providing us with our company name: LI-MA-S.

Lili loved to be carried and I enjoyed having our daughter very close to me in the sling. Because of the advantages of carrying, I decided to become a babywearing consultant in order to reach out to other parents and inspire them to carry their babies.



Tower in Shanghai, 2010

Soon after this, I made the first LIMAS together with my mother based on our own needs and wishes, and our daughter was happy in her carrier. We then made another LIMAS for a friend who had just had her second child. This was followed by several more LIMAS carriers for other friends. One day, a midwife and a babywearing consultant asked if we could make LIMAS carriers for them and since then, our family business has grown. Our daily life with two daughters inspired us to refine the LIMAS and design the LIMAS Plus.



Lili and Laura, 2018

We have been carrying our second daughter in the LIMAS since February 2017 and she is just as happy as her sister was when it comes to discovering the world from the carrier.



Lili and grandma with the first LIMAS, 2015

We are very happy to be able to live our babywearing dream and are delighted to spend every day inspiring parents to wear their babies and making the daily life of parents and children a little bit easier.



Anna, Philipp, Lili and Laura hope you'll have a wonderful time with your LIMAS baby carrier.

LIMAS baby carriers bring together the benefits of slings, wraps and other carrying aids.

LIMAS baby carriers are ergonomic front and back carriers that bring together the many advantages of slings, wraps and other carrying aids. By bringing you closer to your baby and giving you both a feeling of comfort and security, LIMAS carriers provide you with a positive, personal and truly wonderful experience – from birth right through to the toddler years!

GROWING WITH YOUR CHILD

The fact that the base width of the LIMAS baby carriers is individually adjustable supports the optimal maturing of your baby's hip joints and enables them to adopt their natural spread-squat position. The adjustable height of the back part of the carriers allows them to be easily adapted to suit the size of your baby or toddler, while the adjustable headrest provides additional support for the little heads of newborns.

COMFORTABLE

Wide shoulder straps that can be fanned out help to evenly distribute your baby's weight on your shoulders and back, thus providing maximum carrying comfort.

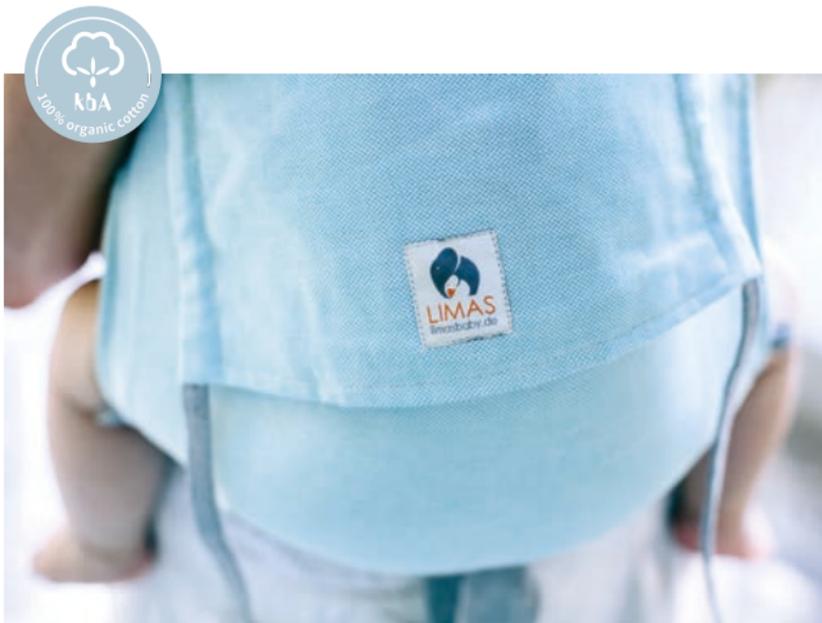
ABOUT US

**THESE
ARE OUR
QUALITIES**

A comfortable waist belt with a padded buckle evenly distributes your baby's weight across your hips. The straps perfectly mould to suit the shape of your body and can be quickly and easily tied or fastened in front of your tummy or on your back.

SOFT AND CUDDLY

LIMAS baby carriers are made of 100 % organic cotton babywearing fabric. The special texture of the babywearing fabric makes it soft and cuddly while also ensuring that it is stable enough to perfectly support your baby's sensitive back.







Pregnancy and birth are times of excitement and magic in the lives of parents-to-be.

The moment your little darling first enters into the world, there is nothing more special than to hold them in your arms, stroke their tiny delicate hands and watch how their little curious eyes explore the world around them.

In fact, you never want to let them go, which is just the way things should be. After all, this need for closeness and being held is deeply rooted in our nature as “clinging young” (the scientific term for human babies in the field of biology).

Nevertheless, it is also important that parents give themselves the freedom to have a rest or do something for themselves during this period of immense change. Babywearing is the ideal solution for both of these needs.

LIMAS baby carriers enable you to move around freely yet keep your child close to you at all times.

ABOUT CARRYING

ADVANTAGES OF CARRYING





They are a natural and stress-free solution for making day-to-day life with your baby easier and giving your little treasure the feeling of safety and comfort that they naturally desire as a “clinging infant”.

BABYWEARING IS CALMING & RELAXING

Wearing your baby in a LIMAS carrier allows them to snuggle up close to your body and be gently rocked as you move. They can feel the warmth of your body, hear your calming heartbeat and feel just like they were ‘back home’ in your womb. Babies who are carried on a regular basis are therefore generally calmer and more content.

BABYWEARING SUPPORTS THE BONDING PROCESS



Being in direct physical contact with your baby when carrying them enables you to immediately know if they are happy and well. This makes communication between you and your baby more relaxed and intuitive.



MY NEST

IS

WITH YOU

Babywearing is also the easier way for fathers to independently settle and cradle their newborns while bonding with them in a whole new way.

BABYWEARING IS PRACTICAL

When you wear your baby in a LIMAS carrier, you have your hands free and are more flexible, more relaxed and all in all more mobile. You no longer have to wait until your child is asleep or even wake them up. Instead, you can enjoy having your baby



ALWAYS CLOSE TO MUM AND DAD

with you wherever you go and whatever you do, be it cooking, shopping, going for a stroll or other activities. Babywearing also gives your baby the chance to view their surroundings and other people at eye level.

BABYWEARING SUPPORTS YOUR BABY'S HEALTH

Carrying your baby provides them with increased movement. This movement stimulates their entire metabolism and, especially when combined with skin contact, strengthens their immune system. Wearing your baby in a LIMAS carrier additionally takes the strain off your back.





OUR CARRIERS

CARRIER OVERVIEW



LIMAS



weight & size

3 kg – 15 kg

50 – 86

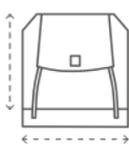


shoulder straps

padding: insertable

width: 15 cm

narrower towards ends



height

30 cm – 38 cm

width

20 cm – 42 cm

waist belt

shape: straight

length: 60 – 140 cm; width: 7.5 cm



LIMAS

Plus



weight & size

3.5 kg – 18 kg

56 – 104

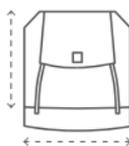


shoulder straps

padding: insertable

width: 15 cm

wider towards ends



height

30 cm – 41 cm

width

24 cm – 45 cm

waist belt

shape: ergonomic

l: 60 – 140 cm; width: up to 11 cm



LIMAS

Flex

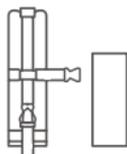
+ Onbuhimo



weight & size

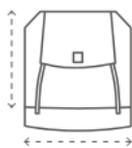
3.5 kg – 20 kg

56 – 104



shoulder straps

padding: permanent
w: 8 cm; thickn.: 1.5 cm
straight cut



height

32 cm – 41 cm

width

24 cm – 45 cm

waist belt (removable) > Onbu

shape: ergonomic

l: 60 – 140 cm; width: up to 11 cm



LIMAS

Ring Sling



weight & size

3 kg – 18 kg

50 – 104



ring area

gathered fabric
ends of the sling
tapered



height

180 cm (short side)

width

66 cm



rings

colour: silver

diameter: 8 cm

OUR CARRIERS

Insertable shoulder pads for more flexibility and an individual babywearing experience

SHOULDER PADS

Do you like using thin shoulder straps made of babywearing fabric but also favour the additional use of padded straps when carrying your baby for longer periods of time? You can now have the best of both worlds in one carrier!

Small openings in the shoulder straps enable LIMAS shoulder pads to be easily removed and, when needed, inserted back into place. You can choose whatever option suits you best at any given time!

LIMAS shoulder pads are supplied as standard with our LIMAS and LIMAS Plus models.



LIMAS



NEW

Hello!

comfy

We're new around here!
And we love to cuddle your shoulders.



cuddly

soft



LIMAS
Plus



**OUR
CARRIERS**

**HEAD
RESTS**

**An optical highlight of the LIMAS Plus
and LIMAS Flex models:**

Snap fasteners enable you to change the head rest as and when you want to suit your mood.

**Be it colourful or neutral, create your
own unique combinations!**

**Combine
what you
like!**



OUR
CARRIERS

LIMAS



Süddeutsche Zeitung
WINNER
baby carrier test
(No. 121, 2017)

kidsgo
RECOMMENDATION
reversible baby carrier
LIMAS
test 3rd quarter 2017
www.kidsgo.de

Light & compact



weight & size

3 kg – 15 kg

50 – 86

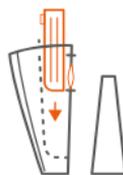


waist belt

shape: straight

l: 60 cm – 140 cm

width: 7.5 cm



shoulder straps

padding: insertable

width: 15 cm

narrower towards ends

I AM A GOOD CHOICE IF:

- ♥ you would like to carry your baby from birth on
- ♥ you like a lightweight and breathable carrier
- ♥ you are looking for a very compact and snug baby carrier

That's what makes me special



**shoulder straps narrower
towards ends**
for simple knotting

**wide shoulder straps that
can fan out** and are made of
2-layer babywearing fabric



compact design
for easy stowing



comfortable waist belt
with padded buckle



reversible
2 designs in 1 carrier

INSTRUCTIONS

LIMAS



Video instructions:
www.limasbaby.de/en/instructions

FRONT CARRYING

01



Put on the baby carrier with the belt facing outwards.

02



Guide the buckle through the elastic safety strap and fasten it. Pull the belt until it is tight.



In order to ensure that your child is being carried in the correct spread-squat-position, it is important that the base always extends from the hollow of one knee to the other. You should therefore adjust the width of the base before putting on your carrier. Rule of thumb: the width of the base should be the height of your baby divided by two. In individual cases, adjust the width to suit your baby's frame. Check whether the base corresponds to the size of your baby on a regular basis and widen it where necessary.

03



Place your baby on the waist belt so that you can easily kiss your baby's head. The base should reach from one hollow of your baby's knee to the other.

04



Grab the back panel and place the straps over your shoulder. Support your baby with one hand all the times.

05



Grab the shoulder straps with one hand and pull them down.

06



Use both hands to pull the shoulder straps tight.

07



Pass the shoulder straps under the legs of the baby to the front of your body.

08



Tie a double knot under your baby's bottom.

09



Fan out the shoulder straps properly across your back.

10

Make sure that the straps are tight enough by leaning forward slightly. Your baby should remain close to your body. Tighten the straps where necessary.

INSTRUCTIONS

LIMAS



Video instructions:
www.limasbaby.de/en/instructions

BACK CARRYING

01



Put on the baby carrier with the waist belt facing outwards.

02



Guide the buckle through the elastic safety strap and fasten it. Pull the belt until it is tight.

03



Place your baby on the waist belt so that you can easily kiss your baby's head. The base should reach from one hollow of your baby's knee to the other. Grab the back panel.

04



Take hold of both shoulder straps with one hand close to your baby. Grab the waist belt under your baby's bottom and pull your baby to the side.

05



Move the arm that was holding the waist belt between your baby and your body.

06



Grab the waist belt again and keep pulling. Place your baby at the centre of your back.

07



Now hold the shoulder straps tightly in both hands and place your head between them.

08



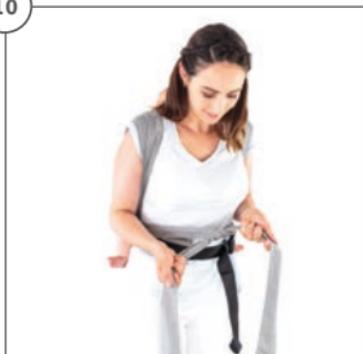
Pull the shoulder straps tight and guide them round to the back below your baby's legs.

09



Cross the shoulder straps over the waist belt and guide them under your baby's legs back to the front.

10



Tie a double knot at the front.

INSTRCTIONS

LIMAS



Video instructions:

www.limasbaby.de/en/instructions

HIP CARRYING



Adjust the width of the base to suit your baby. Rule of thumb: the width of the base should be the height of your baby divided by two.

You should shorten the back panel for babies with clothing size 56-62 (2-4 months).

02



Put on the baby carrier on at your side. Guide the buckle through the elastic safety strap and fasten it. Pull the belt until it is tight.

03



Place your baby on the waist belt so that you can easily kiss your baby's head. The base should reach from one hollow of your baby's knee to the other. Grab the back panel.

04



Support your baby with one hand and use your other hand to grab the shoulder strap at the back. Cross it over your back and place it over your shoulder.

05



Now take the front shoulder strap and place it over your shoulder.

06



Guide this shoulder strap under the hollow of your baby's knee to the front.

07



Guide the other shoulder strap under the hollow of your baby's knee to the front and tie a double knot.

INSTRUCTIONS

LIMAS



Video instructions:
www.limasbaby.de/en/instructions

ADJUSTMENT FOR NEWBORNS (SIZE 50-62)

When you wear the carrier like this, the reverse side of the fabric is on the outside.
To wear the front side of fabric on the outside, turn around the waist belt in the tunnel before you start to put on the carrier.

01



Lie down the LIMAS baby carrier with the waist belt and buckle facing upwards. Adjust the width of the base to suit your baby. Rule of thumb: The width of base should be the height of your baby divided by two.



02 Fold the waist belt backwards so that you can't see the buckle.



03 Now the small strings are in line with the slip knot.



04 Guide the string through the slip knot and tie it. Repeat on the other side.



05 You have now adjusted and fixed the back panel. You can now pick the baby carrier ...

06



... and put it on.

07



The back panel now comes out between your waist and the waist belt.



OUR
CARRIERS

LIMAS
Plus

kidsgo^{3/18}

midwives'
EXPERTISE

baby carrier
LIMAS Plus

GRADE A

All-round & cuddly



weight & size

3.5 kg – 18 kg

56 – 104

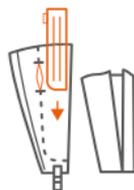


waist belt

shape: ergonomic

l: 60 cm – 140 cm

width: up to 11 cm



shoulder straps

padding: insertable

width: 15 cm

wider towards ends

I AM A GOOD CHOICE IF:

- ♥ your baby is a little bit older
- ♥ you prefer a wider waist belt
- ♥ you very often like to carry your baby on your back

That's what makes me special



wide shoulder straps that can be fanned out starting from the end of the pads

insertable shoulder pads for more flexibility and an individual carrying experience



additional weight distribution thanks to shoulder straps that fan out over your baby's bottom

Combine what you like!



ergonomic waist belt with padded buckle



exchangeable designs thanks to a removable headrest

INSTRUCTIONS

LIMAS

Plus

FRONT CARRYING

01



Put on the waist belt. For small babies, place it higher on your waist and for bigger babies, place it lower on your hips.

02



Guide the buckle through the elastic safety strap and fasten it. Tighten the waist belt by pulling the adjustable strap.

03



Place your baby over the waist belt so that you can easily kiss your baby's head. The panel should reach from one of your baby's knees to the other.

04



Use one hand to support your baby and the other to lift up the panel over your baby's back. Place the shoulder straps over your shoulders.

05



Take both shoulder straps behind you with one hand and pull them down.

06



While holding both shoulder straps under tension, take one strap with your other hand and cross the shoulder straps.

07



Guide the shoulder straps under your baby's legs to the front.

08



Tie a double knot under your baby's bottom.

09



ALTERNATIVELY: Once your baby can sit unassisted, you can provide extra support by pulling the straps over your baby's bottom ...

10



... fanning them out and pulling them under the opposite leg. You can then tie them in a double knot behind your back.

INSTRUCTIONS

LIMAS
Plus

BACK CARRYING

01



Put on the waist belt, guide the buckle through the elastic safety strap and fasten it. Tighten the belt by pulling on the adjustable strap.

02



Place your baby in front of your tummy. Use one hand to support your baby and the other to lift up the panel over your baby's back.

03



Take both shoulder straps with your left hand close to your baby. Place your right hand on your baby's bottom and pull your baby round to the right.

04



Place your right hand at the front between your baby and your body.

05



Take both shoulder straps in your right hand and place your baby at the centre of your back with your left hand.

06



Pull the shoulder straps tight with both hands and slide your head in between.

07



Tighten the shoulder straps and guide them below your baby's legs to the back.

08



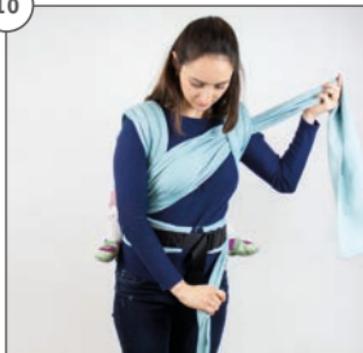
Cross the shoulder straps over the waist belt ...

09



... and guide them under your baby's legs back to the front. Tie a double knot at the front.

10



OPTIONAL: Instead of tying a double knot at the front, fan out the straps across your chest and pull them through the shoulder straps.

11



While working with one strap, hold the other one between your knees so that it does not loosen.

12



Tie a double knot.

INSTRUCTIONS

LIMAS Plus

ADJUSTMENT FOR NEWBORNS



Adjust the width of the panel to fit your baby from knee to knee. Rule of thumb: the width of the base should be the height of your baby divided by two.



Adjust the length of the back panel so that your baby's head is well supported. If your baby is not yet able to hold up their head, the back panel should reach up to your baby's ears.



Use the straps on both sides to adjust the length of the back panel.





OUR
CARRIERS

LIMAS
Flex

Smart & flexible

+ Onbuhimo



weight & size

3.5 kg – 20 kg
56 – 104



waist belt (removable)

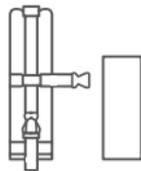
shape: ergonomic
length: 60 cm – 140 cm
width: up to 11 cm

height

32 cm – 41 cm

width

24 cm – 45 cm



shoulder straps

padding: permanent
width: 8 cm
thickness: 1.5 cm
straight

I AM A GOOD CHOICE IF:

- ♥ you are looking for a baby carrier that can be quickly put on and doesn't need to be tied
- ♥ you like to carry your baby on your back and in an onbuhimo
- ♥ you prefer shoulder straps with buckles

That's what makes me special



suitable as an onbuhimo
without a waist belt

padded shoulder pads
with buckles to close



easily adjustable
for small and big discoverers

ergonomically designed
waist belt with a wide
upholstered buckle

Combine
what you
like!



exchangeable design thanks
to removeable headrests

INSTRUCTIONS

LIMAS

Flex

FRONT CARRYING

From 6-8 months or as soon as your baby can sit unaided, you can fix the shoulder straps in the middle of the back panel. This will allow more weight to be distributed across your hips rather than your shoulders.

01



For smaller babies, attach the shoulder straps on the lower buckles.

02



Adjust the width of the panel to fit your baby from knee to knee.

03



Put on the waist belt. For a small baby, place it higher on your waist, and for a big baby, place it lower on your hips.

04



Guide the buckle through the elastic safety strap and fasten it. Tighten the waist belt by pulling on the adjustable strap.

05



Place your baby in front of your tummy so that you can easily kiss your baby's head.

06



Use one hand to support your baby and the other to lift up the panel. Slip your arms under the straps.

07



Buckle the chest belt behind your shoulders to secure your baby in the carrier.

08



Tighten the shoulder straps so that your baby is comfortable and close to your body.

09



You can optionally use the upper adjusters to shorten the shoulder straps.

10



To take your baby out of the carrier and to reach the connecting buckle on your back, lift the buckles to loosen the shoulder straps.

INSTRUCTIONS

LIMAS Flex

BACK CARRYING

01



Put on your carrier the same way as you would for front carrying.

02



Loosen the buckles on the shoulder straps and the waist belt. The chest belt on the back stays closed.

03



Take one hand out **over** the shoulder strap ...

04



... and take the other hand out **under** the shoulder strap.

05



Pull your baby towards your hip and then on to your back.

06



Slip your arms back into the shoulder straps ...

07



... and place your baby properly on your back before tightening the waist belt and shoulder straps.

INSTRUCTIONS

LIMAS
Flex

ADJUSTMENT FOR NEWBORNS

01



When your baby is younger than 6-8 months and not yet able to sit unaided, connect the shoulder straps to the buckles fixed in the waist belt tunnel.



Adjust the width of the panel to fit your baby from knee to knee.



Use the adjusters at the top of the panel to shorten the panel.

INSTRUCTIONS

LIMAS
Flex

ONBUHIMO

01



Pull the waist belt out of the tunnel.

02



Attach both shoulder straps to the buckles fixed in the tunnel.

03



Use the upper adjusters to shorten the shoulder straps.

04



Use the lower adjusters to extend the height of the back panel to the full length.

05



Place the carrier on a seat (couch, bench or chair).

06



Place your child on the carrier so that the lower edge of the panel is visible (a palm's width). Place the lower straps over your child's legs.

07



Squat down with your back facing your child and slip into the carrier like a rucksack.

08



With your knees still slightly bent, close the chest belt and pull the shoulder straps.

09



Place the lower edge of the fabric between your back and your child to form a pouch.

10



Pull the shoulder straps one more time to place your child higher on your back.



OUR
CARRIERS

LIMAS
Ring Sling

Traditional & versatile



length

180 cm
(short side)

width

66 cm



weight & size

3 kg – 18 kg
50 – 104



ring area

gathered fabric
end of the sling
tapered



rings

colour: silver
diameter: 8 cm

I AM A GOOD CHOICE IF:

- ♥ your child often likes to climb in and out of their carrier
- ♥ you are looking for a compact and simple sling that can be easily folded for storage
- ♥ you simply like using ring slings

That's what makes me special



Quick and easy
to put on

Gathered fabric
that can be easily fanned out
over your shoulder



Small and compact
for easy storage



Easy nursing by loosening
the sling at the ring



Flexible carrying in front of
your tummy and on your hip



INSTRUCTIONS

LIMAS

Ring Sling

01



Place the rings on one shoulder ...

02



... and spread the fabric diagonally
across your back.

03



OR twist the fabric so that the lower edge is at the top (recommended for small babies).

04



Pull the fabric to the front of your body and gather it together.

05



Pull the fabric through both rings from the bottom.

06



Separate the rings ...

07



... and pull the fabric back through the lower ring without twisting it.

08



Prepare the sling ready for your baby. The rings should be high up on your shoulder.

09



Place your baby on your shoulder and slide one hand under the pouch and up to your baby to guide it down along your upper body.

10



Place your baby on your hip and pull the upper edge of the fabric up until it reaches your baby's neck.

11



Place your hand between you and your baby and grab the remaining fabric, pulling it up between you.

12



Pull the upper edge towards your child to tighten it.

13



You can now pull the fabric tight bit by bit until you reach the lower edge.

14



All done!

15



You can also wear your baby in front of your tummy in this sling.

16



Push up the lower ring to loosen the sling and take out your baby.

CARE INSTRUCTIONS

Check your baby carrier before each use. Do not use it if you find any damages or defects.

MATERIAL

Babywearing fabric:

100 % certified organic cotton

Head rest (if printed):

100 % cotton

FIRST USE

LIMAS baby carriers can be used straight away and do not need to be washed before being used for the first time.

CARE INSTRUCTIONS

- Wash at 30°C using mild detergent and no bleach
- Close all buckles before washing
- Place the carrier in a washing bag
- Do not tumble dry
- Do not iron the waist belt





LIMAS
baby carriers



*We look forward to
welcoming you!*

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